

| KW | Montag | | | Dienstag | | | Mittwoch | | | Donnerstag | | | Freitag | | | Samstag | | | | | | |
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| | Basisplan 2014 - 2015 (im Weststadion auf Kunstrasen nicht quer Trainieren) | | | | | | | | | | | | | | | | | | | | | |
| | Weststadion | | | Gaskugel | | Weststadion | | | Gaskugel | | Weststadion | | | Gaskugel | | Gaskugel | | | | | | |
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| 16:00 | Bei witterungsbedingter Sperrung Gaskugel ==> Verlagerung Mannschaften ins Weststadion ==> Reduktion 2. / 3. Einheit | | | | | | | | | | | | | | | | | | | | | |
| 16:30 - 17:00 | kein Training | | | E 2 (Andreas) | | kein Training | | | D 4 (HJB) | | kein Training | | | F 1 (Steffen) | | D 4 (HJB) | | kein Training | | | G 2 (Jochen) ?? | |
| 17:00 - 17:30 | | | | D 1 (Johannes) | | | | | D 4 (HJB) | | | | | E 1 (Dirk) | | F 3 (Steffen) | | | | | D 4 (HJB) | |
| 17:30 - 18:00 | kein Training | | | - | | kein Training | | | - | | kein Training | | | - | | - | | kein Training | | | - | |
| 18:00 - 18:30 | | | | C 2 / D 2 im Wechsel | | | | | C 2 / D 2 im Wechsel | | | | | C 1 (Benni) | | C 3 (Frank) | | | | | D 1 (Johannes) | |
| 18:30 - 19:00 | kein Training | | | C 4 (Harry) | | kein Training | | | DM | | kein Training | | | B 1 (Jo) | | DM | | kein Training | | | - | |
| 19:00 - 19:30 | | | | C 3 (Frank) | | | | | CM | | | | | C 1 (Benni) | | DM | | | | | D 1 (Johannes) | |
| 19:30 - 20:00 | kein Training | | | D 3 | | kein Training | | | - | | kein Training | | | - | | - | | kein Training | | | - | |
| 20:00 - 20:30 | | | | A 1 | | | | | A 2 | | | | | A 1 | | A 2 | | | | | A 1 | |
| 20:30 - 21:00 | kein Training | | | Gesperrt | | kein Training | | | - | | kein Training | | | - | | - | | kein Training | | | - | |
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| | kein Training | | | Akt. 1 | | kein Training | | | Akt. 1 | | kein Training | | | Reserviert für Nachholspiele | | Reserviert für Abschlusstraining + Nachholspiele, bei Witterung i.O. | | kein Training | | | - | |
| | | | | Akt. 2 | | | | | Akt. 2 | | | | | Akt. 1 | | Akt. 2 | | | | | Akt. 1 | |
| | kein Training | | | BM (Winter) | | kein Training | | | BM | | kein Training | | | Gesperrt | | Gesperrt | | kein Training | | | - | |
| | | | | Akt. Fr. (Winter) | | | | | Akt. Frauen | | | | | Akt. Frauen | | Akt. Frauen | | | | | Akt. Frauen | |
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